



Tracy Armstrong,  
Team Leader

## **GRIEF SUPPORT GROUP**

### **Your Journey From Mourning To JOY**

GriefShare is a support group that meets weekly for 13 weeks. Join others who have experienced grief and have successfully rebuilt their lives. Leaders understand how you feel because we've been in the same place. We will walk with you on the long path through grief toward healing and hope for the future.

Two opportunities:

**Wednesdays 6:45pm — 8:15pm beginning May 3rd or**

**Thursdays 10am-11:30am beginning May 4th**